

 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-866-375-0775 or visit us at www.helpwithmyplan.com. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other [underlined](#) terms see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-866-375-0775 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$0	See the Common Medical Events chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible ?	Yes. Preventive care .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	Not Applicable	This plan does not have an out-of-pocket limit on your expenses.
What is not included in the out-of-pocket limit ?	Not Applicable	This plan does not have an out-of-pocket limit on your expenses.
Will you pay less if you use a network provider ?	Not Applicable	This plan does not use a provider network . You can receive covered services from any provider .
Do you need a referral to see a specialist ?	No	You can see the specialist you choose without a referral .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	Not Covered	Not Covered – Plan limited to preventive care only.
	Specialist visit	Not Covered	Not Covered – Plan limited to preventive care only.
	Preventive care/screening / immunization	\$0	Plan limited to recommended preventive care only. Ask your provider if the services needed are preventive. Then check what your plan will pay for.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
If you have a test	Diagnostic test (x-ray, blood work)	Not Covered	Not Covered – Plan limited to preventive care only.
	Imaging (CT/PET scans, MRIs)	Not Covered	Not Covered – Plan limited to preventive care only.
	HIV Screening	\$0	Plan limited to recommended preventive care only.
	Colorectal Cancer Screening for Adults over 50.	\$0	Plan limited to recommended preventive care only.
If you need contraceptive drugs More information about prescription drug coverage is available by calling 1-866-375-0775	Generic Contraceptive drugs	\$0 Contraceptives only	Plan limited to recommended preventive care only.
	Brand Name Contraceptive drugs	\$50 Contraceptives only	Plan limited to recommended preventive care only.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Not Covered	Not Covered – Plan limited to preventive care only.
	Physician/surgeon fees	Not Covered	Not Covered – Plan limited to preventive care only.
If you need immediate medical attention	Emergency room care	Not Covered	Not Covered – Plan limited to preventive care only.
	Emergency medical transportation	Not Covered	Not Covered – Plan limited to preventive care only.
	Urgent care	Not Covered	Not Covered – Plan limited to preventive care only.
If you have a hospital stay	Facility fee (e.g., hospital room)	Not Covered	Not Covered – Plan limited to preventive care only.
	Physician/surgeon fees	Not Covered	Not Covered – Plan limited to preventive care only.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Not Covered	Not Covered – Plan limited to preventive care only.
	Inpatient services	Not Covered	Not Covered – Plan limited to preventive care only.
If you are pregnant	Anemia screening on a routine basis for pregnant women	\$0	Plan limited to recommended preventive care only.
	Childbirth/delivery professional services	Not Covered	Not Covered – Plan limited to preventive care only.
	Childbirth/delivery facility services	Not Covered	Not Covered – Plan limited to preventive care only.
If you need help recovering or have other special health needs	Home health care	Not Covered	Not Covered – Plan limited to preventive care only.
	Rehabilitation services	Not Covered	Not Covered – Plan limited to preventive care only.
	Habilitation services	Not Covered	Not Covered – Plan limited to preventive care only.
	Skilled nursing care	Not Covered	Not Covered – Plan limited to preventive care only.
	Durable medical equipment	Not Covered	Not Covered – Plan limited to preventive care only.
	Hospice services	Not Covered	Not Covered – Plan limited to preventive care only.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
If your child needs dental or eye care	Children's eye exam	\$0	Plan limited to recommended preventive care only.
	Children's glasses	Not Covered	Not Covered – Plan limited to preventive care only.
	Children's dental check-up	Not Covered	Not Covered – Plan limited to preventive care only.

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other [excluded services](#).)

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| <ul style="list-style-type: none"> • preventive health services not meeting the requirements of the Affordable Care Act; • Acupuncture • Bariatric surgery • Chiropractic care • Cosmetic surgery • Dental care (Adult) | <ul style="list-style-type: none"> • Hearing aids • Infertility treatment • Long-term care • Non-emergency care when traveling outside the U.S. • Private duty nursing | <ul style="list-style-type: none"> • Routine eye care (Adult) • Routine foot care, and • Weight loss programs |
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Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact:

RSL Specialty Products Administration
Toll-Free - 1-866-375-0775
Written appeals should be mailed to:
RSL Specialty Products Administration
Claims Department
505 S. Lenola Road, Suite 231
Moorestown, NJ 08057.

Department of Labor's Employees Benefit Security Administration, Toll Free - 1-866-444-EBSA (3272) or visit www.dol.gov/ebsa/healthreform.

ERISA Plan Administrator:
Christina Watts
714-254-4610
By mail to:
6700 Tower Circle Drive, Suite 1000
Franklin, TN 37067

Additionally, a consumer assistance program can help you file your appeal. Contact:

Tennessee Department of Commerce & Insurance
500 James Robertson Parkway
Davy Crockett Tower, 4th Floor
Nashville, TN 37243-0565
(615) 741-2241
<https://www.tn.gov/commerce/consumer-services.html> (website)

Does this plan provide Minimum Essential Coverage? Yes

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? No

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

-----*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*-----

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayment](#) \$0
- Hospital (facility) [coinsurance](#) 0%
- Other [coinsurance](#) 100%

This EXAMPLE event includes services like:
Specialist office visits (*prenatal care*)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

Total Example Cost	\$12,870
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$
The total Peg would pay is	\$12,600

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayment](#) \$0
- Hospital (facility) [coinsurance](#) 0%
- Other [coinsurance](#) 100%

This EXAMPLE event includes services like:
Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,660
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$
The total Joe would pay is	\$7,050

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$0
- [Specialist copayment](#) \$0
- Hospital (facility) [coinsurance](#) 0%
- Other [coinsurance](#) 100%

This EXAMPLE event includes services like:
Emergency room care (*including medical supplies*)
Diagnostic test (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

Total Example Cost	\$2,020
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In this example, Mia would pay (This condition is not covered so patient pays 100 percent):

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$
The total Mia would pay is	\$2,020