

Welcome. You just took a big step toward ensuring your healthy smile.



Good oral health is essential to a healthy life, and Delta Dental of Tennessee makes taking care of your smile easy with access to the nation's largest network of dentists, comprehensive benefits, exceptional service, and superior value.

A Focus on Prevention

Dentists can detect more than 120 signs and symptoms of diseases like cancer, diabetes, and heart disease during a regular exam. Delta Dental emphasizes the importance of regular check-ups with your dentist, covering those preventive services at 100 percent.



The Power of Two Networks

Delta Dental offers two dentist networks to help cover your smile while keeping costs as low as possible. The Delta Dental PPOSM Network provides maximum cost savings, while the Delta Dental Premier[®] Network provides a safety net for additional access when you need it.

Manage your Delta Dental benefits on-the-go!

Use our online Member Portal or download the Delta Dental Mobile App to:

- ▶ Find a dentist
- ▶ Check benefits, eligibility & claims
- ▶ Mobile ID card
- ▶ Print a personalized ID Card
- ▶ Toothbrush Timer
- ▶ Much more!

Visit www.MemberPortal.com to harness the power of our **Member Portal** OR scan the QR code in your reference guide to go to <http://uqr.to/mobileapp> to link to the App Store or Google Play Store.





Delta Dental of Tennessee

Individual & Family Plans

Good health starts with a healthy smile! Learn more about your benefits and how to get the most out of your dental plan to unleash your family's smile power.

No Surprises!



Want to know how much a procedure will cost? Want to make sure a service is covered under your plan? Ask your dentist for a **Pre-Treatment Estimate**.

Your dentist will send a request to us, and we will let him or her know if a service is covered, how much it may cost, and what you may have to pay. These amounts will not be exact, but they will give you a good idea of what to expect.



Keep it simple.

Choose a Network Dentist.

- ▶ **No paperwork!** Your dentist fills out all forms and files claims for you.
- ▶ **No extra charges!** You are only responsible for your deductible and/or co-insurance charges.
- ▶ **No Balance Billing!** You never have to pay more than our Maximum Allowed Fees for services.
- ▶ **No waiting for reimbursement!** You never have to pay full price at the time of a dental visit.

Your Reference Guide

Tools and resources you may need

Scan each QR Code below for quick access to frequently asked questions, your ID card, educational materials, and more.



Member Portal



Mobile App



Find a Dentist



Cost Estimator



DeltaVision



Smile180 Foundation



Grin! Magazine



Smile Power Blog



Resource Library



FAQs